



# PETERBOROUGH HIGH SCHOOL

## Energy Drinks - Guidelines

In line with the Education Department's Policy which supports the banning of the consumption of Energy Drinks containing Guarana Extract (as well as High Caffeine and High concentrations of sugar) on school grounds

Peterborough High School proposes the following guidelines/ procedure with regard to these drinks

- We actively discourage the consumption of these drinks especially in the morning before coming to school
- Drinks containing these additives such as V, Red Bull, Rockstar, Mother and others are banned on school premises
- The consequence of bringing these drinks to school and or consuming them during the day will be that the drinks will be confiscated

Reasons for proposing these guidelines / procedures are:

The consumption of these drinks affects students:

- Attention and concentration rates
- Interaction with other students
- Interaction with staff and school procedures
- Health and well being

Consequences for not following the guidelines:

The energy drink will be confiscated and handed to a member of the Leadership Team (Principal, Deputy or Coordinator).

A letter, with tear off slip, will be given to the student for signing by the parent / guardian and returned to the front office the next morning.

If an energy drink is confiscated a second time the parent / guardian of the student will need to collect the confiscated item from the school in person. This will include any subsequent confiscations.

Any further breaches of this policy will result in the school Discipline Policy (DECD 1999) being implemented.



31/3/2022

Dear Jeanie,

Today Juanne had an energy drink confiscated for breaching the school guidelines. The 'V can' was confiscated at lunch time by Mrs Mercer in the front office.

Please sign the tear off slip below and get Juanne to return to school tomorrow.

You will be requested to pick up any items personally from the school if there are further offences.

Anna Simon  
Senior Years Leader

Steven Barclay  
Principal

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**Tear off slip: Please complete, sign and return to school.**

I / We acknowledge the receipt of the letter concerning Juanne's breach of the Peterborough High School Energy Drinks Guidelines on the 31st of March 2022

Parent / Caregiver signature: .....